

# REVIEW OF HARMS OTHER THAN SEXUAL

	<b>“SELF”</b>													
	COLUMN 3								COLUMN 4					
	AFFECTS MY (Which part of self caused the hurt?)										What is the exact nature of my wrongs, faults, mistakes, defects, shortcomings			
	Social Instinct		Security Instinct		Sex Instinct		Ambitions							

	COLUMN 1	COLUMN 2	Self-Esteem	Personal Relationships	Material	Emotional	Acceptable Sex Relations	Hidden Sex Relations	Social	Security	Sexual	Ambitions	Selfish	Dishonest	Self-seeking & frightened	Inconsiderate
#	Who did I hurt?	What did I do?														
1																
2																
3																
4																
5																