

# Five Column 4th Step Review Guides

(Refer to [pages 64 & 65](#) of the book "Alcoholics Anonymous" for use of these sheets)

## 4th Step Prayer

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Lord, I humbly ask your help to search out the flaws in my makeup which cause(d) my failures. Please reveal the various manifestations of self which have defeated me. Help me to be thorough, searching and fearless, and guide me into truth. Let me become and remain open to the sunlight of the Spirit.

**Amen**